



A Dance Weekend



with Nor'easter and caller Rebecca Lay

Warm up with this group from New England
for dances, workshops and concert



www.noreasterband.com

Schedule

Fri. Feb. 1 – Contradance at Pioneer Park Dance Hall 8:00 pm

Sat. Feb. 2 – Dance workshops at Wood Center 10:30 am - 4:15 pm

Like Butter: Dances that Flow, Cross-pollination!, Challenging contras

Sat. Feb 2 – Contradance at Wood Center Ballroom 7:30 pm

*Full weekend price including all dances and workshops above \$50 regular admission,
\$30 for students. Individual dances are \$15 regular, \$10 students at the door.*

Workshops are \$10 regular, \$5 students

Sun. Feb 3 - Concert at College Coffeehouse 7 pm, \$10

No partners needed, instruction will be provided

More info: www.contraborealis.org events@contraborealis.org

See reverse for detailed schedule of events



Sponsored by the Contraborealis Dancers, University Contradancers and the Chordinated a cappella choir

Winter Dance Weekend Schedule Feb. 1-3, 2013

Friday evening dance 8:00 pm - 11:00 pm

A Nor'easter welcome with New England chestnut dances included. Dance to the music of one of the hottest young bands from New England with the amazing clarity of our Vermont caller Rebecca Lay.

Saturday dance workshops - Wood Center Conference Rooms C-D-E-F

Session 1 - 10:30 am - 12:00 pm

Like Butter: Dances that Flow

Nowhere within this group of dances will you find yourself with the wrong hand free, or pointed the wrong direction, or anything else that might interrupt your dance trance. These dances are all carefully crafted by some of the best minds in modern contra choreography.

Session 2 - 1:00 pm - 2:30 pm

Cross-pollination!

A session of English dances that could be contra dances, and vice versa. Can you tell the difference?

Session 3 - 2:45 pm - 4:15 pm

Challenging contras

What does 'experienced' mean? It means: (according to the Concord contradance series)

- You know how to do a roll away, California twirl, pass through to a wave, contra corners, and the basic moves without being taught
- You know where to be at the start of each dance phrase and how to recover from a lapse
- You assist your partner and neighbor to the next move
- You execute flourishes safely and on time without disturbing others

This being said, we are in Fairbanks, so we are forgiving if you have the desire to learn the above.

Saturday evening dance - Wood Center Ballroom

Dancing with Style - Have a great experience with basic and not-so-basic dance principles taught in a fun way. Swings that are fun for both people, allemandes that don't hurt, timing that supports everyone having a great dance experience.

Sunday 1:00 pm - 3:00 pm

Contradance musician and caller workshops

Pioneer Park Dance Hall

\$10 or \$15 suggested donation (not part of weekend package rate)

Nor'easter Band Workshop - bring your instruments.

Nor'easter will discuss approaches to playing contra dance music with musicians. The emphasis will be on making "danceable dance music": music that's inspiring and responsive to the dancers. Tips and tricks will be shared. Time may be spent work-shopping dance arrangements with interested bands.

Contra Calling for Everyone

Anyone can lead contra dances, and this workshop is designed to get you started. We'll talk about teaching techniques, microphone skills, crowd control, and much more. You'll leave with some easy dances, and tools to help you keep practicing on your own.

Sunday, evening 7:00 pm

College Coffeehouse

A Concert with Nor'easter